

Winter and Spring School Lunch Menu 2024 – Ridgewell CofE Primary
Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Option 1	Cheese and Tomato Pizza	Swedish Meatballs in Creamy Gravy	Roast Gammon Steak with Gravy and Yorkshire Pudding	Beefburger in a soft bun with Tomato Ketchup	Crispy Coated Fish Fillet
Main Course Option 2	Cheese and Tomato Pizza	Vegan Meatballs in Creamy Gravy	Sage and Onion Crispy Quorn Fillet	Vegetable Burger in a soft bun with Tomato Ketchup	Cheese and Onion Quiche
Light Bite Option 3	Cheesy Beans Filled Jacket Potato with Rainbow Salad	Tuna Mayonnaise Filled Jacket Potato with Rainbow Salad	Hot Gammon Baguette	Baked Beans Filled Jacket Potato with Rainbow Salad	Cheese Filled Jacket Potato with Rainbow Salad
Accompaniments	Tomato and Basil Pasta twirls Mixed Rainbow Salad	Rice Broccoli Florets	New Potatoes Carrots and Peas Rich gravy	Jacket Wedges Homemade Coleslaw	Chip Shop Chips Sweetcorn/Baked Beans
Dessert or Pudding	Fresh Fruit Pieces or Yeo Valley Yoghurt	Peaches, Pears and Creamy custard	Fruit Cocktail Jelly and Squirry Cream	Fresh Fruit Pieces or Yeo Valley Yoghurt	Homemade Fruity Cookie
Other items available	Wholemeal Bread Salad Bar Yeo Valley Yoghurts Fresh Milk Fresh Water Fresh Fruit	Wholemeal Bread Salad Bar Yeo Valley Yoghurts Fresh Milk Fresh Water Fresh Fruit	Wholemeal Bread Yeo Valley Yoghurts Fresh Milk Fresh Water Fresh Fruit	Wholemeal Bread Salad Bar Yeo Valley Yoghurts Fresh Milk Fresh Water Fresh Fruit	Wholemeal Bread Salad Bar Yeo Valley Yoghurts Fresh Milk Fresh Water Fresh Fruit

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Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Option 1	Meat-free Sausage Roll	Mild and Creamy Chicken Korma Curry with Naan Bread	Butcher Sausage Roast with Yorkshire Pudding and Gravy	Spaghetti Bolognese	Harry Ramsdens Fish Fillet with Lemon Wedge
Main Course Option 2	Meat-free Sausage Roll	Quorn Korma Curry with Naan Bread	Veggie Sausage with Yorkshire Pudding	Vegetarian Spaghetti Bolognese	Pepperoni Pizza Wrap
Light Bite Option 3	Tuna Mayonnaise Filled Jacket Potato with Rainbow Salad	Cheese Filled Jacket Potato with Rainbow Salad	Hot Butchers Sausage in a Baguette	Baked Beans Filled Jacket Potato with Rainbow Salad	Cheddar Cheese Filled Jacket Potato with Rainbow Salad
Accompaniments	Mashed Potato Baked Beans	Fluffy Rice Broccoli Florets	Fresh Carrots Sweetheart Cabbage Roast Potatoes	Sweetcorn	Chip Shop Chips Peas
Dessert or Pudding	Fruit Salad	American Pancake with Raspberry Sauce	Apple Cake and Custard	Yeo Valley Yoghurt and Fresh Fruit Pieces	Homemade Fruity Cookie
Other items available	Wholemeal Bread Salad Bar Yeo Valley Yoghurts Fresh Milk Fresh Water Fresh Fruit/Fruity Jelly	Wholemeal Bread Salad Bar Yeo Valley Yoghurts Fresh Milk Fresh Water Fresh Fruit/Fruity Jelly	Wholemeal Bread Salad Bar Yeo Valley Yoghurts Fresh Milk Fresh Water Fresh Fruit/Fruity Jelly	Wholemeal Bread Salad Bar Yeo Valley Yoghurts Fresh Milk Fresh Water Fresh Fruit	Wholemeal Bread Salad Bar Yeo Valley Yoghurts Fresh Milk Fresh Water Fresh Fruit

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Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Option 1	Pasta Bar Hot Pasta Spirals served with a choice of: Cheesy Sauce Tomato and Basil Sauce Pesto Sauce (nut free)	Southern Coated Chicken Breast Fillet with BBQ sauce/Tomato Ketchup	Roast Chicken Breast with Gravy and Yorkshire Pudding	<i>Brunch Lunch</i> Back Bacon Rasher and Pork Chipolata Sausage	Omega 3 Fish Fingers
Main Course Option 2		Pizza Panini with Rainbow Salad	Baked Quorn Fillet with gravy	Veggie Sausages	Quorn Dippers with Ketchup
Light Bite Option 3	Baked Beans Filled Jacket Potato with Rainbow Salad	Cheese Filled Jacket Potato with Rainbow Salad	Hot Roast Chicken Breast and Stuffing in a Baguette	Tuna Mayonnaise Filled Jacket Potato with Rainbow Salad	Cheese Filled Jacket Potato with Rainbow Salad
Accompaniments	Garlic Bread Slice Broccoli Florets and Sweetcorn	Golden Savoury Vegetable Rice Peas	New Potatoes Carrots and Swede Savoy Cabbage	Baked Beans Baked Tomatoes Hash Brown and Sliced Bread	Skin-on Fries Baked Beans
Dessert or Pudding	Fresh Fruit Pieces or Yeo Valley Yoghurt	Fresh Fruit Salad or pieces	Chocolate Orange Cake and Custard	Frozen Fruit Smoothie	Toffee Krispie Cake
Other items available	Wholemeal Bread Salad Bar Yeo Valley Yoghurts Fresh Milk Fresh Water Fresh Fruit/Fruity Jelly	Wholemeal Bread Salad Bar Yeo Valley Yoghurts Fresh Milk Fresh Water Fresh Fruit/Fruity Jelly	Wholemeal Bread Salad Bar Yeo Valley Yoghurts Fresh Milk Fresh Water Fresh Fruit/Fruity Jelly	Wholemeal Bread Salad Bar Yeo Valley Yoghurts Fresh Milk Fresh Water Fresh Fruit	Wholemeal Bread Salad Bar Yeo Valley Yoghurts Fresh Milk Fresh Water Fresh Fruit

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